

Notes

Abusing legal or illegal drugs is wrong. You may take extra pills or someone else's prescription. To feel good, relieve stress, or avoid reality, you may abuse drugs. You can usually change unhealthy habits or stop using.

In addition, you can't stop. Not if it puts your health at risk. Not if it causes you or your family financial, emotional, or other issues. Even if you want to quit, you can't escape the urge to use drugs.

Opioids: Opioids are drugs found in the opium poppy plant that work in the brain to relieve pain. Opioids can be prescription painkillers or heroin. Opioids block pain signals between the brain and body to treat moderate to severe pain. Opioids can be addictive and make some people feel relaxed, happy, or "high." Other side effects include slow breathing, constipation, nausea, confusion, and drowsiness.

Cannabinoids: cannabinoids are a class of chemical substances present in cannabis, or marijuana. The principal psychotropic component of marijuana is delta-9-tetrahydrocannabinol (THC). THC binds to cannabinoid (CB) receptors in the central nervous system (CNS) and works as a partial agonist for both CB1 and CB2 receptors.

Cocaine: cocaine is a stimulant substance manufactured from South American coca plants. Cocaine is authorized for medical uses such local anaesthetic, but banned for recreational usage. Cocaine is a fine, white powder. Street traffickers add corn-starch, talcum powder, or flour to boost profits. Mix it with amphetamine or synthetic painkillers like fentanyl. When people don't realize cocaine contains synthetic opioids, it's especially deadly. Tampered cocaine may be causing more cocaine overdose deaths.