A particle is moving along x-axis. Its X-coordinate varies with time as,

 $X = 2t^2 + 4t - 6$

Here, X is in metres and t in seconds. Find average velocity between the time interval t = 0 to t = 2 s.

Solution In 1-D motion, average velocity can be written as

$$v_{\text{av}} = \frac{\Delta s}{\Delta t} = \frac{X_f - X_i}{\Delta t} = \frac{X_{2 \text{ sec}} - X_{0 \text{ sec}}}{2 - 0}$$
$$= \frac{[2(2)^2 + 4(2) - 6] - [2(0)^2 + 4(0) - 6]}{2}$$
$$= 8 \text{ m/s}$$

Ans.