The property of inertia contained in the First law is evident in many situations. Suppose we are standing in a stationary bus and the driver starts the bus suddenly. We get thrown backward with a jerk. Why? Our feet are in touch with the floor. If there were no friction, we would remain where we were, while the floor of the bus would simply slip forward under our feet and the back of the bus would hit us. However, fortunately, there is some friction between the feet and the floor. If the start is not too sudden, i.e. if the acceleration is moderate, the frictional force would be enough to accelerate our feet along with the bus. But our body is not strictly a rigid body. It is deformable, i.e. it allows some relative displacement between different parts. What this means is that while our feet go with the bus, the rest of the body remains where it is due to inertia. Relative to the bus, therefore, we are thrown backward. As soon as that happens, however, the muscular forces on the rest of the body (by the feet) come into play to move the body along with the bus. A similar thing happens when the bus suddenly stops. Our feet stop due to the friction which does not allow relative motion between the feet and the floor of the bus. But the rest of the body continues to move forward due to inertia. We are thrown forward. The restoring muscular forces again come into play and bring the body to rest.

Example 5.1 An astronaut accidentally gets separated out of his small spaceship accelerating in inter stellar space at a constant rate of 100 m s⁻². What is the acceleration of the astronaut the instant after he is outside the spaceship ? (Assume that there are no nearby stars to exert gravitational force on him.)

Answer Since there are no nearby stars to exert gravitational force on him and the small spaceship exerts negligible gravitational attraction on him, the net force acting on the astronaut, once he is out of the spaceship, is zero. By the first law of motion the acceleration of the astronaut is zero.

5.5 NEWTON'S SECOND LAW OF MOTION

The first law refers to the simple case when the net external force on a body is zero. The second law of motion refers to the general situation when there is a net external force acting on the body. It relates the net external force to the acceleration of the body.

Momentum

Momentum of a body is defined to be the product of its mass m and velocity **v**, and is denoted by **p**:

$$\mathbf{p} = m\mathbf{v} \tag{5.1}$$

Momentum is clearly a vector quantity. The following common experiences indicate the importance of this quantity for considering the effect of force on motion.

- Suppose a light-weight vehicle (say a small car) and a heavy weight vehicle (say a loaded truck) are parked on a horizontal road. We all know that a much greater force is needed to push the truck than the car to bring them to the same speed in same time. Similarly, a greater opposing force is needed to stop a heavy body than a light body in the same time, if they are moving with the same speed.
- If two stones, one light and the other heavy, are dropped from the top of a building, a person on the ground will find it easier to catch the light stone than the heavy stone. The mass of a body is thus an important parameter that determines the effect of force on its motion.
- Speed is another important parameter to consider. A bullet fired by a gun can easily pierce human tissue before it stops, resulting in casualty. The same bullet fired with moderate speed will not cause much damage. Thus for a given mass, the greater the speed, the greater is the opposing force needed to stop the body in a certain time. Taken together, the product of mass and velocity, that is momentum, is evidently a relevant variable of motion. The greater the change in the momentum in a given time, the greater is the force that needs to be applied.
- A seasoned cricketer catches a cricket ball coming in with great speed far more easily than a novice, who can hurt his hands in the act. One reason is that the cricketer allows a longer time for his hands to stop the ball. As you may have noticed, he draws in the hands backward in the act of catching the ball (Fig. 5.3). The novice, on the other hand, keeps his hands fixed and tries to catch the ball almost instantly. He needs to provide a much greater force to stop the ball instantly, and