In practice, the ball does come to a stop after moving a finite distance on the horizontal plane, because of the opposing force of friction which can never be totally eliminated. However, if there were no friction, the ball would continue to move with a constant velocity on the horizontal plane.

Galileo thus, arrived at a new insight on motion that had eluded Aristotle and those who followed him. The state of rest and the state of uniform linear motion (motion with constant velocity) are equivalent. In both cases, there is accomplished almost single-handedly by Isaac Newton, one of the greatest scientists of all times.

Newton built on Galileo's ideas and laid the foundation of mechanics in terms of three laws of motion that go by his name. Galileo's law of inertia was his starting point which he formulated as the **first law of motion**:

Every body continues to be in its state of rest or of uniform motion in a straight line unless compelled by some external force to act otherwise.

Ideas on Motion in Ancient Indian Science

Ancient Indian thinkers had arrived at an elaborate system of ideas on motion. Force, the cause of motion, was thought to be of different kinds : force due to continuous pressure (nodan), as the force of wind on a sailing vessel; impact (abhighat), as when a potter's rod strikes the wheel; persistent tendency (sanskara) to move in a straight line(vega) or restoration of shape in an elastic body; transmitted force by a string, rod, etc. The notion of (vega) in the Vaisesika theory of motion perhaps comes closest to the concept of inertia. Vega, the tendency to move in a straight line, was thought to be opposed by contact with objects including atmosphere, a parallel to the ideas of friction and air resistance. It was correctly summarised that the different kinds of motion (translational, rotational and vibrational) of an extended body arise from only the translational motion of its constituent particles. A falling leaf in the wind may have downward motion as a whole (patan) and also rotational and vibrational motion (bhraman, spandan), but each particle of the leaf at an instant only has a definite (small) displacement. There was considerable focus in Indian thought on measurement of motion and units of length and time. It was known that the position of a particle in space can be indicated by distance measured along three axes. Bhaskara (1150 A.D.) had introduced the concept of 'instantaneous motion' (tatkaliki gati), which anticipated the modern notion of instantaneous velocity using Differential Calculus. The difference between a wave and a current (of water) was clearly understood; a current is a motion of particles of water under gravity and fluidity while a wave results from the transmission of vibrations of water particles.

no net force acting on the body. It is incorrect to assume that a net force is needed to keep a body in uniform motion. To maintain a body in uniform motion, we need to apply an external force to ecounter the frictional force, so that the two forces sum up to zero net external force.

To summarise, if the net external force is zero, a body at rest continues to remain at rest and a body in motion continues to move with a uniform velocity. This property of the body is called inertia. Inertia means **'resistance to change'**. A body does not change its state of rest or uniform motion, unless an external force compels it to change that state.

5.4 NEWTON'S FIRST LAW OF MOTION

Galileo's simple, but revolutionary ideas dethroned Aristotelian mechanics. A new mechanics had to be developed. This task was The state of rest or uniform linear motion both imply zero acceleration. The first law of motion can, therefore, be simply expressed as:

If the net external force on a body is zero, its acceleration is zero. Acceleration can be non zero only if there is a net external force on the body.

Two kinds of situations are encountered in the application of this law in practice. In some examples, we know that the net external force on the object is zero. In that case we can conclude that the acceleration of the object is zero. For example, a spaceship out in interstellar space, far from all other objects and with all its rockets turned off, has no net external force acting on it. Its acceleration, according to the first law, must be zero. If it is in motion, it must continue to move with a uniform velocity.