Just remember the definitions and proceed for the questions by checking each relation property one-by-one.

Like for checking the relation to be equivalence or not, first check whether it is symmetric or not by checking its conditions, then check whether it is reflexive or not by checking its conditions and then check whether it is transitive or not by checking its conditions. Finally, if the relation satisfies all the above three relation's conditions i.e. it is symmetric, reflexive and transitive simultaneously, then the relation is called as Equivalence Relation, otherwise not.