

Group 1 Elements: Alkali Metals

Group 1 elements are known as **Alkali Metals**. It includes Lithium (Li), Sodium (Na), Potassium (K), Rubidium (Rb), Caesium (Cs) and Francium (Fr). This group lies in the s block of the periodic table.

The image shows a standard periodic table of elements. The elements in Group 1 (Alkali Metals) are highlighted in pink. These elements are Hydrogen (H), Lithium (Li), Sodium (Na), Potassium (K), Rubidium (Rb), Caesium (Cs), and Francium (Fr). The table also includes the Lanthanide and Actinide series at the bottom, and a legend for element categories at the bottom.

1 1IA 1A	2 IIA 2A	Periodic Table of the Elements																18 VIIIA 8A																																																																							
1 H Hydrogen 1.008	2 He Helium 4.0026	3 Li Lithium 6.941	4 Be Beryllium 9.0122	5 B Boron 10.81	6 C Carbon 12.011	7 N Nitrogen 14.0064	8 O Oxygen 15.9994	9 F Fluorine 18.998483	10 Ne Neon 20.1797	11 Na Sodium 22.98976928	12 Mg Magnesium 24.304	13 Al Aluminum 26.9815386	14 Si Silicon 28.0855	15 P Phosphorus 30.973762	16 S Sulfur 32.06	17 Cl Chlorine 35.453	18 Ar Argon 39.948	19 K Potassium 39.0983	20 Ca Calcium 40.078	21 Sc Scandium 44.955912	22 Ti Titanium 47.88	23 V Vanadium 50.9415	24 Cr Chromium 51.9961	25 Mn Manganese 54.938	26 Fe Iron 55.845	27 Co Cobalt 58.9332	28 Ni Nickel 58.6934	29 Cu Copper 63.546	30 Zn Zinc 65.38	31 Ga Gallium 69.723	32 Ge Germanium 72.64	33 As Arsenic 74.9216	34 Se Selenium 78.96	35 Br Bromine 79.904	36 Kr Krypton 83.8	37 Rb Rubidium 85.468	38 Sr Strontium 87.62	39 Y Yttrium 88.90585	40 Zr Zirconium 91.224	41 Nb Niobium 92.90638	42 Mo Molybdenum 95.94	43 Tc Technetium 98.9062	44 Ru Ruthenium 101.07	45 Rh Rhodium 101.064	46 Pd Palladium 106.36	47 Ag Silver 107.8682	48 Cd Cadmium 112.411	49 In Indium 114.818	50 Sn Tin 118.71	51 Sb Antimony 121.757	52 Te Tellurium 127.6	53 I Iodine 126.90447	54 Xe Xenon 131.29	55 Cs Caesium 132.90545	56 Ba Barium 137.327	57-71 Lanthanide Series	72 Hf Hafnium 178.49	73 Ta Tantalum 180.9479	74 W Tungsten 183.84	75 Re Rhenium 186.207	76 Os Osmium 190.23	77 Ir Iridium 192.22	78 Pt Platinum 195.084	79 Au Gold 196.96657	80 Hg Mercury 200.59	81 Tl Thallium 204.3833	82 Pb Lead 207.2	83 Bi Bismuth 208.9804	84 Po Polonium 209	85 At Astatine 210	86 Rn Radon 222	87 Fr Francium 223	88 Ra Radium 226	89-103 Actinide Series	104 Rf Rutherfordium 261	105 Db Dubnium 262	106 Sg Seaborgium 263	107 Bh Bohrium 264	108 Hs Hassium 265	109 Mt Meitnerium 266	110 Ds Darmstadtium 267	111 Rg Roentgenium 268	112 Cn Copernicium 269	113 Uut Ununtrium 270	114 Uuq Ununquadium 271	115 Uup Ununpentium 272	116 Uuh Ununhexium 273	117 Uus Ununseptium 274	118 Uuo Ununoctium 276

Fig. 1. Periodic table

- They are shiny, highly reactive metals.
- They are kept in certain solutions such as oil to prevent reactivity with the air.
- They are soft and can be cut via knife.
- Sodium is abundant and francium is rare.

Physical Properties of Alkali Metals:

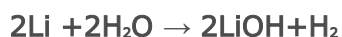
- They have metallic bonding due to which they are conducting in nature.
- They produce different colors with flame test.
- Electronegativity and ionization enthalpy both decreases from lithium to francium as size increases.
- Nuclear charge also decreases as one moves from lithium to francium due to increase in the size of the atom.
- After losing one valence electron, they can attain noble gas configuration.

Chemical Properties of Alkali Metals:

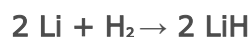
- Alkali metals react with oxygen to form oxides, peroxides and superoxides. Lithium only forms monoxides. But other alkali metals can form peroxides and superoxides.



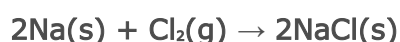
- They form hydroxides with water.



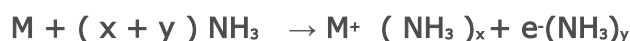
- They form hydrides with hydrogen.



- Due to their low first ionization energy, they can react vigorously with halogen to form halides.



- Alkali metals dissolve in liquid ammonia to form ammoniated ions which impart blue color to the solution.



- Alkali metals also form salts with oxoacids.

Uses of Alkali Metals:

- They are used to make alloys.
- Sodium is important during nerve impulse transmission.
- Radium is used to treat cancer cells.
- Potassium helps in opening and closing of stomata.
- Potassium hydroxide works as a precipitating agent.

General Characteristics of Compounds of Alkali Metals

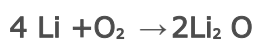
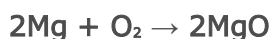
- All monoxides of alkali metals are basic in nature.
- They react with nitrates and liberates nitrites.
- Hydroxides of alkali metals behave like a strong base.
- They are miscible in polar solvents.
- They are electropositive in nature and metallic character increases from lithium to francium.

Anomalous Properties of Lithium

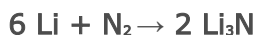
Lithium shows diagonal relationship with magnesium. There are many reasons for this relationship, which are as follows:

- Lithium and magnesium have comparable boiling points.

- They both are equally electropositive.
- They both forms monoxides when exposed in air.



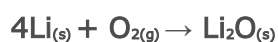
- They both forms nitrides with nitrogen known as **Lithium Nitride** and **Magnesium Nitride**.



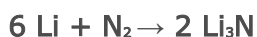
- **Lithium and magnesium both do not form superoxides.**
- Lithium chloride (LiCl) and magnesium chloride (MgCl₂) both are soluble in ethanol.

Difference between Lithium and Other Alkali Metals:

- Lithium is harder comparable to other alkali metals.
- **Lithium is least reactive out of all alkali metals.**
- It is a strong reducing agent as compared to other alkali metals.
- It is the only alkali metal that form the monoxide, Li₂O.



- It forms, lithium nitride, Li₃N. But other alkali metals do not form nitrides



- It does not form solid hydrogen carbonates compared to other alkali metals.
- **Lithium does not form ethynide from ethyne as compared to other alkali metals.**



- Lithium reacts slowly with bromine but other alkali metals do not react.

Some Important Compounds of Sodium

The important compounds of sodium are as follows:

- Sodium Carbonate
- Sodium Chloride
- Sodium Hydroxide

Sodium Carbonate (Na₂CO₃·10H₂O)

- Commonly known as **Washing Soda**.

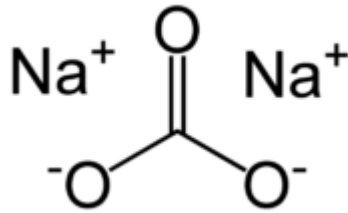
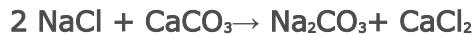


Fig. 2. Structure of Sodium Carbonate

- It is synthesized by **Solvay process**. During this process, sodium carbonate is synthesized using sodium chloride and calcium carbonate as a precursor.



The steps for the formation of Na_2CO_3 are as follows:

- During first step, sodium chloride reacts with ammonia, carbon-dioxide and water to form sodium bi-carbonate.



- During the second step, calcium carbonate is converted into calcium oxide and calcium carbonate.



- Sodium bicarbonate reacts with calcium oxide from the step 2 to form ammonia, calcium chloride and water



- Sodium bicarbonate finally decompose into sodium carbonate.



- Sodium carbonate is soluble in water.

Uses of Sodium Carbonate:

- Used in water softening, cleaning and laundering.
- Used in manufacturing of glass.
- Synthesis of borax, soap, and caustic soda also uses sodium carbonate as one of the ingredients.
- Sodium carbonate is also used in paint and textiles industry.

Sodium Chloride (NaCl)

- Sodium chloride better known as **Common Salt**.
- Reverse osmosis is one of the method other than evaporation of sea water to obtain salt.

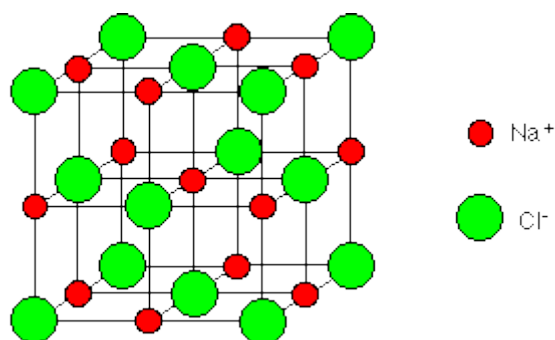


Fig. 3. Structure of crystal of Sodium Chloride

Uses of Sodium Chloride:

- It is used as common salt for domestic purpose.
- It is used for the preparation of Na_2O_2 , NaOH and Na_2CO_3 .

Sodium Hydroxide (NaOH)

- Commonly known **Caustic Soda**.
- **Castner-Kellner Cell** is an electrolysis method to synthesize sodium hydroxide.

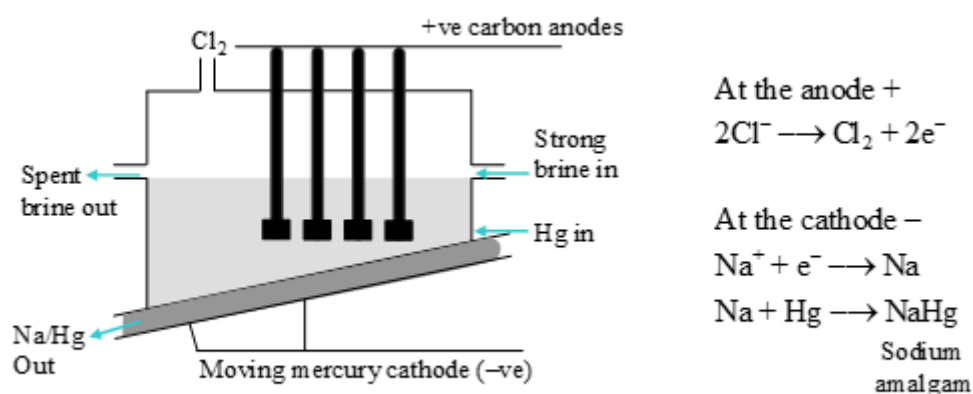


Fig. 4. Castner-Kellner Cell

- Sodium hydroxide is a white solid which is soluble in water.
- Sodium hydroxide reacts with carbon-dioxide to form Na_2CO_3 .



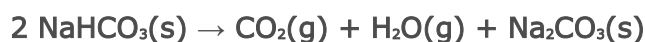
Uses of Sodium Hydroxide:

- Sodium industries used sodium hydroxide.
- Used in petroleum refining.
- Used in textiles industries such as cotton industries.
- Used as a precipitating agent in the laboratories.

- Sodium hydroxide is used during preparation of fats and oils.

Sodium Hydrogen Carbonate(NaHCO₃):

- Commonly known as **Baking Soda**.
- Decomposition of sodium hydrogen carbonate liberates carbon-dioxide.



- Used as an antiseptic.
- Used as a fire extinguisher.
- Used in bakeries to prepare pastries, cake etc.

Group 2 Elements: Alkaline Earth Metals

Group 2 elements are known as **Alkaline Earth Metals**. It includes **beryllium, magnesium, calcium, strontium, barium, and radium**. The oxidation state of alkaline earth metals is +2. Their outer electronic configuration is ns².

Physical Properties of Alkaline Earth Metals:

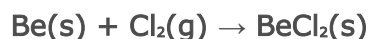
- Alkaline earth metals are silvery, white in color.
- Their melting and boiling point is higher compared to alkali metals.
- They are **electropositive in nature**.
- They have metallic bonding which makes them conductive.
- They give different **color with flame test**. Calcium gives brick red color, strontium gives crimson color and barium gives apple green color.

Chemical Properties of Alkaline Earth Metals:

- **Beryllium and magnesium do not react with oxygen.**



- Alkaline earth metals react with halogen to form halides.



- Like alkali metals, alkaline earth metals react with hydrogen to form halides. But beryllium does not react with hydrogen.
- **They are strong reducing agents.**
- They form blue black color in ammonia, due to the formation of **the ammoniated ions**.

Uses of Alkaline Earth Metals:

- **Calcium is important for bones, teeth,** and muscle contraction.
- Magnesium alloys are used during aircraft construction.
- Milk of magnesia is used as antacid.

- Magnesium carbonate is a component of toothpaste.
- Strontium is used in glass wares.

Anomalous Behavior of Beryllium

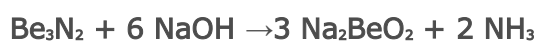
Beryllium shows diagonal relation with aluminum.

Difference between Beryllium and other Alkaline Earth Metals:

- Beryllium is the lightest of all group 2 elements.
- It has higher melting and boiling points in comparison to other elements in group 2.
- BeO is amphoteric whereas oxides of other alkaline earth metals are strong alkali.
- Beryllium do not impart color during flame test.
- Beryllium is small in size with high ionization enthalpy.
- Beryllium do not liberate hydrogen from acids

Similarities between Beryllium and Magnesium/Diagonal Relationship of Beryllium with Aluminum:

- Beryllium and aluminum both reacts with nitric acid
- Both beryllium and aluminum reacts with an alkali to form beryllate and aluminate.



- Both beryllium and aluminum combines with halogens to form polymeric halides.

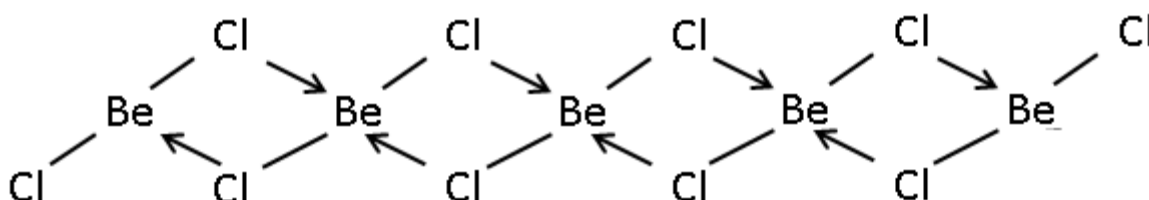
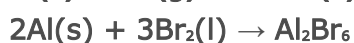


Fig. 5. Polymeric Structure of Beryllium Chloride

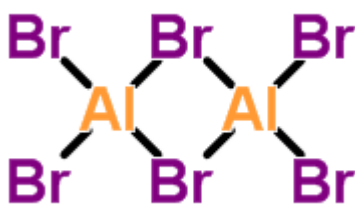
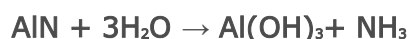


Fig. 6. Polymeric Structure of Aluminum Bromide

- Beryllium and aluminum both has strong tendency to form complexes.
- Both aluminum and beryllium form nitrides by liberating ammonia in presence of water



- Carbides of beryllium and aluminum both gives methane in presence of water.



Biological Importance of Sodium and Potassium

- Sodium ions are primary found outside the human cells.
- Sodium maintains the electrolyte balance in the body.
- Sodium chloride is used as a preservative in pickling.
- A drop-in sodium levels in the blood plasma below a reference value is known as hyponatremia. **Hyponatremia leads** to headache, nausea, seizures etc.
- Potassium ions are primarily found inside the cell.
- Potassium ions **maintain the osmolarity**.
- They also regulate the opening and the closing of the stomata.
- Potassium ions acts as **cofactor for enzymes of glycolysis**.
- **Potassium is important** in skeleton and **muscle contraction**.
- Diets with low potassium leads to **hypertension**.

Biological Importance of Magnesium and Calcium

- Magnesium is essential for the activity of enzymes.
- It is the central atom present in chlorophyll.
- It is essential for the synthesis of ATP
- Responsible for the stability of DNA.
- Maintains the **electrolyte balance** in the body.
- Magnesium **deficiency** is associated with **insomnia**.
- Deficiency also leads to **abnormal heart beats**.

Uses of Magnesium:

- Magnesium **alloys** are used in making flares, fuse for thermite.
- **Preparation of malleable cast iron.**
- Used to remove Sulphur.
- As a reducing agent to separate uranium.
- **Needed for blood glucose control.**

Biological Importance of Calcium:

- **Component of cell wall.**
- **Required for blood clotting.**
- Helps in **muscle contraction.**
- Calcium acts as **secondary messenger during cell signaling.**
- Helps in proper heart and nerve functions.
- Calcium is essential for growth of bones and teeth.

The ideal ratio of calcium and magnesium is 1:1. Both works antagonistic to each other. **For Example**, if calcium contracts muscle, magnesium relaxes muscle.

Some Important Compounds of Calcium

Calcium Oxide (CaO):

- Also, known as **Quick Lime.**
- Calcium carbonate on heating forms calcium oxide and carbon-dioxide.

calcium oxide + water \longrightarrow calcium hydroxide + HEAT

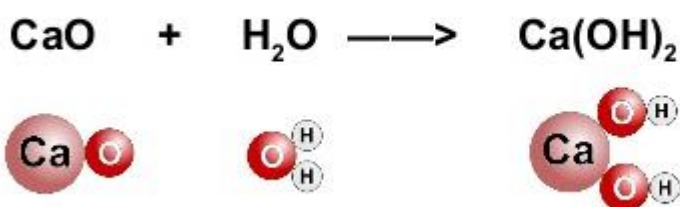
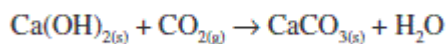


Fig. 5. Formation of Calcium Hydroxide from Calcium Oxide

- Calcium oxide on hydrolysis forms calcium hydroxide.
- Calcium oxide on reaction with carbon-dioxide forms calcium carbonate.
- Important ingredient of preparing cement.
- **Calcium Oxide** is used in the manufacturing of **sodium carbonate.**

Calcium Hydroxide(Ca(OH)₂):

- Also, known as **Slaked Lime.**
- Calcium oxide on hydrolysis forms calcium hydroxide.



- **The lime water** is diluted solution of calcium hydroxide.
- Hypochlorite is one of the **constituent of bleaching powder**. Passing chlorine through calcium hydroxide forms **hypochlorite**
- It is used to prepare building material mortar.
- Calcium hydroxide has disinfectant property.

Calcium Carbonate(CaCO_3):

- Limestone, marble, chalk can be commonly **known as Calcium Carbonate**.
- Calcium carbonate is insoluble in water.
- Decomposition of calcium carbonate forms quick lime, that is, calcium oxide and carbon-dioxide.
- **Marbles** made up of calcium carbonates **is used as building material**.
- Calcium carbonate is used as an antacid.
- It is one of the constituent of toothpaste, chewing gum etc.

Calcium Sulphate (CaSO_4):

- It is commonly **known as plaster of Paris**.
- Heating of gypsum, that is, $\text{CaSO}_4 \cdot 2\text{H}_2\text{O}$ forms calcium sulphate.
$$2 \text{CaSO}_4 \cdot 2\text{H}_2\text{O} \rightarrow 2 \text{CaSO}_4 \cdot \text{H}_2\text{O} + 3\text{H}_2\text{O}$$
- Anhydrous calcium sulphate is known as "**Dead Burnt Plaster**".
- It is used in building industries for making POPs.
- It is also used for fixing bone parts after fracture.
- Used in statue making.

Cement:

- Commonly known as **Portland cement**.
- Commonly used as building material.
- The main constituents of cement are silicon dioxide, calcium oxide, aluminum, iron, and magnesium.
- Cement is **dicalcium silicate, tricalcium silicate and, tricalcium aluminate**.
- It is the most common material used during plastering.
- It is used in construction of dams, bridges, and buildings

