

Mass Defect

- Mathematically :- $\Delta M = [Z m_p + (A-Z) m_n] - M$
 - Where m_p = mass of 1 proton, Z = number of protons, $(A-Z)$ = mass of neutrons, m_n = mass of 1 neutron and M = nuclear mass of the atom.

Binding Energy

- $E_b = \Delta M c^2$
 - Where E_b = nuclear binding energy, ΔM = mass defect.