Chapter Thirteen

NUCLEI

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13.1 Introduction

In the previous chapter, we have learnt that in every atom, the positive charge and mass are densely concentrated at the centre of the atom forming its nucleus. The overall dimensions of a nucleus are much smaller than those of an atom. Experiments on scattering of α-particles demonstrated that the radius of a nucleus was smaller than the radius of an atom by a factor of about 10^4. This means the volume of a nucleus is about 10^{-12} times the volume of the atom. In other words, an atom is almost empty. If an atom is enlarged to the size of a classroom, the nucleus would be of the size of pinhead. Nevertheless, the nucleus contains most (more than 99.9%) of the mass of an atom.

Does the nucleus have a structure, just as the atom does? If so, what are the constituents of the nucleus? How are these held together? In this chapter, we shall look for answers to such questions. We shall discuss various properties of nuclei such as their size, mass and stability, and also associated nuclear phenomena such as radioactivity, fission and fusion.

13.2 Atomic Masses and Composition of Nucleus

The mass of an atom is very small, compared to a kilogram; for example, the mass of a carbon atom, ^{12}C, is 1.992647×10^{-26} kg. Kilogram is not a very convenient unit to measure such small quantities. Therefore, a different mass unit is used for expressing atomic masses. This unit is the atomic mass unit (u), defined as $1/12^{th}$ of the mass of the carbon (^{12}C) atom. According to this definition

$$1u = \frac{\text{mass of one } ^{12}\text{C atom}}{12}$$

$$= \frac{1.992647 \times 10^{-26} \text{ kg}}{12}$$

$$= 1.660539 \times 10^{-27} \text{ kg} \qquad (13.1)$$

The atomic masses of various elements expressed in atomic mass unit (u) are close to being integral multiples of the mass of a hydrogen atom. There are, however, many striking exceptions to this rule. For example, the atomic mass of chlorine atom is 35.46 u.

Accurate measurement of atomic masses is carried out with a mass spectrometer, The measurement of atomic masses reveals the existence of different types of atoms of the same element, which exhibit the same chemical properties, but differ in mass. Such atomic species of the same element differing in mass are called *isotopes*. (In Greek, isotope means the same place, i.e. they occur in the same place in the periodic table of elements.) It was found that practically every element consists of a mixture of several isotopes. The relative abundance of different isotopes differs from element to element. Chlorine, for example, has two isotopes having masses 34.98 u and 36.98 u, which are nearly integral multiples of the mass of a hydrogen atom. The relative abundances of these isotopes are 75.4 and 24.6 per cent, respectively. Thus, the average mass of a chlorine atom is obtained by the weighted average of the masses of the two isotopes, which works out to be

$$= \frac{75.4 \times 34.98 + 24.6 \times 36.98}{100}$$

$$= 35.47 \text{ u}$$

which agrees with the atomic mass of chlorine.

Even the lightest element, hydrogen has three isotopes having masses 1.0078 u, 2.0141 u, and 3.0160 u. The nucleus of the lightest atom of hydrogen, which has a relative abundance of 99.985%, is called the proton. The mass of a proton is

$$m_p = 1.00727 \text{ u} = 1.67262 \times 10^{-27} \text{ kg} \qquad (13.2)$$

This is equal to the mass of the hydrogen atom (= 1.00783u), minus the mass of a single electron (m_e = 0.00055 u). The other two isotopes of hydrogen are called deuterium and tritium. Tritium nuclei, being unstable, do not occur naturally and are produced artificially in laboratories.

The positive charge in the nucleus is that of the protons. A proton carries one unit of fundamental charge and is stable. It was earlier thought that the nucleus may contain electrons, but this was ruled out later using arguments based on quantum theory. All the electrons of an atom are outside the nucleus. We know that the number of these electrons outside the nucleus of the atom is *Z*, the atomic number. The total charge of the atomic electrons is thus (–Ze), and since the atom is neutral, the charge of the nucleus is (+Ze). The number of protons in the nucleus of the atom is, therefore, exactly Z, the atomic number.

Discovery of Neutron

Since the nuclei of deuterium and tritium are isotopes of hydrogen, they must contain only one proton each. But the masses of the nuclei of hydrogen, deuterium and tritium are in the ratio of 1:2:3. Therefore, the nuclei of deuterium and tritium must contain, in addition to a proton, some neutral matter. The amount of neutral matter present in the nuclei of these isotopes, expressed in units of mass of a proton, is approximately equal to one and two, respectively. This fact indicates that the nuclei of atoms contain, in addition to protons, neutral matter in multiples of a basic unit. This hypothesis was verified in 1932 by James Chadwick who observed emission of neutral radiation when beryllium nuclei were bombarded with alpha-particles (α-particles are helium nuclei, to be discussed in a later section). It was found that this neutral radiation could knock out protons from light nuclei such as those of helium, carbon and nitrogen. The only neutral radiation known at that time was photons (electromagnetic radiation). Application of the principles of conservation of energy and momentum showed that if the neutral radiation consisted of photons, the energy of photons would have to be much higher than is available from the bombardment of beryllium nuclei with α-particles. The clue to this puzzle, which Chadwick satisfactorily solved, was to assume that the neutral radiation consists of a new type of neutral particles called *neutrons*. From conservation of energy and momentum, he was able to determine the mass of new particle 'as very nearly the same as mass of proton'.

The mass of a neutron is now known to a high degree of accuracy. It is

$$m_n = 1.00866 \text{ u} = 1.6749\times10^{-27} \text{ kg} \tag{13.3}$$

Chadwick was awarded the 1935 Nobel Prize in Physics for his discovery of the neutron.

A free neutron, unlike a free proton, is unstable. It decays into a proton, an electron and a antineutrino (another elementary particle), and has a mean life of about 1000s. It is, however, stable inside the nucleus.

The composition of a nucleus can now be described using the following terms and symbols:

Z - *atomic number* = number of protons [13.4(a)]

N - *neutron number* = number of neutrons [13.4(b)]

A - *mass number* = $Z + N$

= total number of protons and neutrons [13.4(c)]

One also uses the term nucleon for a proton or a neutron. Thus the number of nucleons in an atom is its mass number A.

Nuclear species or nuclides are shown by the notation ${}^{A}_{Z}\text{X}$ where X is the chemical symbol of the species. For example, the nucleus of gold is denoted by ${}^{197}_{79}\text{Au}$. It contains 197 nucleons, of which 79 are protons and the rest118 are neutrons.

The composition of isotopes of an element can now be readily explained. The nuclei of isotopes of a given element contain the same number of protons, but differ from each other in their number of neutrons. Deuterium, ${}^{2}_{1}\mathrm{H}$, which is an isotope of hydrogen, contains one proton and one neutron. Its other isotope tritium, ${}^{3}_{1}\mathrm{H}$, contains one proton and two neutrons. The element gold has 32 isotopes, ranging from $A = 173$ to $A = 204$. We have already mentioned that chemical properties of elements depend on their electronic structure. As the atoms of isotopes have identical electronic structure they have identical chemical behaviour and are placed in the same location in the periodic table.

All nuclides with same mass number A are called *isobars*. For example, the nuclides ${}^{3}_{1}\mathrm{H}$ and ${}^{3}_{2}\mathrm{He}$ are isobars. Nuclides with same neutron number N but different atomic number Z, for example ${}^{198}_{80}\mathrm{Hg}$ and ${}^{197}_{79}\mathrm{Au}$, are called *isotones*.

13.3 Size of the Nucleus

As we have seen in Chapter 12, Rutherford was the pioneer who postulated and established the existence of the atomic nucleus. At Rutherford's suggestion, Geiger and Marsden performed their classic experiment: on the scattering of α-particles from thin gold foils. Their experiments revealed that the distance of closest approach to a gold nucleus of an α-particle of kinetic energy 5.5 MeV is about 4.0×10^{-14} m. The scattering of α-particle by the gold sheet could be understood by Rutherford by assuming that the coulomb repulsive force was solely responsible for scattering. Since the positive charge is confined to the nucleus, the actual size of the nucleus has to be less than 4.0×10^{-14} m.

If we use α-particles of higher energies than 5.5 MeV, the distance of closest approach to the gold nucleus will be smaller and at some point the scattering will begin to be affected by the short range nuclear forces, and differ from Rutherford's calculations. Rutherford's calculations are based on pure coulomb repulsion between the positive charges of the α-particle and the gold nucleus. From the distance at which deviations set in, nuclear sizes can be inferred.

By performing scattering experiments in which fast electrons, instead of α-particles, are projectiles that bombard targets made up of various elements, the sizes of nuclei of various elements have been accurately measured.

It has been found that a nucleus of mass number A has a radius

$$R = R_0 A^{1/3} \tag{13.5}$$

where $R_0 = 1.2 \times 10^{-15}$ m (=1.2 fm; 1 fm = 10^{-15} m). This means the volume of the nucleus, which is proportional to R^3 is proportional to A. Thus the density of nucleus is a constant, independent of A, for all nuclei. Different nuclei are like a drop of liquid of constant density. The density of nuclear matter is approximately 2.3×10^{17} kg m^{-3}. This density is very large compared to ordinary matter, say water, which is 10^3 kg m^{-3}. This is understandable, as we have already seen that most of the atom is empty. Ordinary matter consisting of atoms has a large amount of empty space.

Example 13.1 Given the mass of iron nucleus as 55.85u and A=56, find the nuclear density?

Solution

m_{Fe} = 55.85, u = 9.27×10^{-26} kg

$$\text{Nuclear density} = \frac{\text{mass}}{\text{volume}} = \frac{9.27\times10^{-26}}{(4\pi/3)(1.2\times10^{-15})^3}\times\frac{1}{56}$$

$$= 2.29 \times 10^{17}\ \text{kg m}^{-3}$$

The density of matter in neutron stars (an astrophysical object) is comparable to this density. This shows that matter in these objects has been compressed to such an extent that they resemble a *big nucleus*.

EXAMPLE 13.1

13.4 Mass-Energy and Nuclear Binding Energy

13.4.1 Mass – Energy

Einstein showed from his theory of special relativity that it is necessary to treat mass as another form of energy. Before the advent of this theory of special relativity it was presumed that mass and energy were conserved separately in a reaction. However, Einstein showed that mass is another form of energy and one can convert mass-energy into other forms of energy, say kinetic energy and vice-versa.

Einstein gave the famous mass-energy equivalence relation

$$E = mc^2 \tag{13.6}$$

Here the energy equivalent of mass m is related by the above equation and c is the velocity of light in vacuum and is approximately equal to 3×10^8 m s^{-1}.

Example 13.2 Calculate the energy equivalent of 1 g of substance.

Solution

Energy, $E = 10^{-3} \times (3 \times 10^8)^2$ J

$E = 10^{-3} \times 9 \times 10^{16} = 9 \times 10^{13}$ J

Thus, if one gram of matter is converted to energy, there is a release of enormous amount of energy.

EXAMPLE 13.2

Experimental verification of the Einstein's mass-energy relation has been achieved in the study of nuclear reactions amongst nucleons, nuclei, electrons and other more recently discovered particles. In a reaction the conservation law of energy states that the initial energy and the final energy are equal provided the energy associated with mass is also included. This concept is important in understanding nuclear masses and the interaction of nuclei with one another. They form the subject matter of the next few sections.

13.4.2 Nuclear binding energy

In Section 13.2 we have seen that the nucleus is made up of neutrons and protons. Therefore it may be expected that the mass of the nucleus is equal to the total mass of its individual protons and neutrons. However, the nuclear mass M is found to be always less than this. For example, let us consider ${}^{16}_{8}O$; a nucleus which has 8 neutrons and 8 protons. We have

Mass of 8 neutrons = 8 × 1.00866 u

Mass of 8 protons = 8 × 1.00727 u

Mass of 8 electrons = 8 × 0.00055 u

Therefore the expected mass of ${}^{16}_{8}O$ nucleus
= 8 × 2.01593 u = 16.12744 u.

The atomic mass of ${}^{16}_{8}O$ found from mass spectroscopy experiments is seen to be 15.99493 u. Substracting the mass of 8 electrons (8 × 0.00055 u) from this, we get the experimental mass of ${}^{16}_{8}O$ nucleus to be 15.99053 u.

Thus, we find that the mass of the ${}^{16}_{8}O$ nucleus is less than the total mass of its constituents by 0.13691u. The difference in mass of a nucleus and its constituents, ΔM, is called the *mass defect*, and is given by

$$\Delta M = [Zm_p + (A-Z)m_n] - M \tag{13.7}$$

What is the meaning of the mass defect? It is here that Einstein's equivalence of mass and energy plays a role. Since the mass of the oxygen nucleus is less that the sum of the masses of its constituents (8 protons and 8 neutrons, in the unbound state), the equivalent energy of the oxygen nucleus is less than that of the sum of the equivalent energies of its constituents. If one wants to break the oxygen nucleus into 8 protons and 8 neutrons, this extra energy $\Delta M\, c^2$, has to supplied. This energy required E_b is related to the mass defect by

$$E_b = \Delta M\, c^2 \tag{13.8}$$

Example 13.3 Find the energy equivalent of one atomic mass unit, first in Joules and then in MeV. Using this, express the mass defect of ${}^{16}_{8}O$ in MeV/c^2.

Solution
1u = 1.6605 × 10^{-27} kg
To convert it into energy units, we multiply it by c^2 and find that
energy equivalent = 1.6605 × 10^{-27} × (2.9979 × $10^8)^2$ kg m^2/s^2
= 1.4924 × 10^{-10} J

$$= \frac{1.4924\times10^{-10}}{1.602\times10^{-19}}\,\text{eV}$$

= 0.9315 × 10^9 eV
= 931.5 MeV
or, 1u = 931.5 MeV/c^2
For ${}^{16}_{8}O$, ΔM = 0.13691 u = 0.13691×931.5 MeV/c^2
= 127.5 MeV/c^2

The energy needed to separate ${}^{16}_{8}O$ into its constituents is thus 127.5 MeV/c^2.

EXAMPLE 13.3

If a certain number of neutrons and protons are brought together to form a nucleus of a certain charge and mass, an energy E_b will be released in the process. The energy E_b is called the *binding energy* of the nucleus. If we separate a nucleus into its nucleons, we would have to supply a total energy equal to E_b, to those particles. Although we cannot tear apart a nucleus in this way, the nuclear binding energy is still a convenient measure of how well a nucleus is held together. A more useful measure of the binding between the constituents of the nucleus is the *binding energy per nucleon*, E_{bn}, which is the ratio of the binding energy E_b of a nucleus to the number of the nucleons, A, in that nucleus:

$$E_{bn} = E_b / A \tag{13.9}$$

We can think of binding energy per nucleon as the average energy per nucleon needed to separate a nucleus into its individual nucleons.

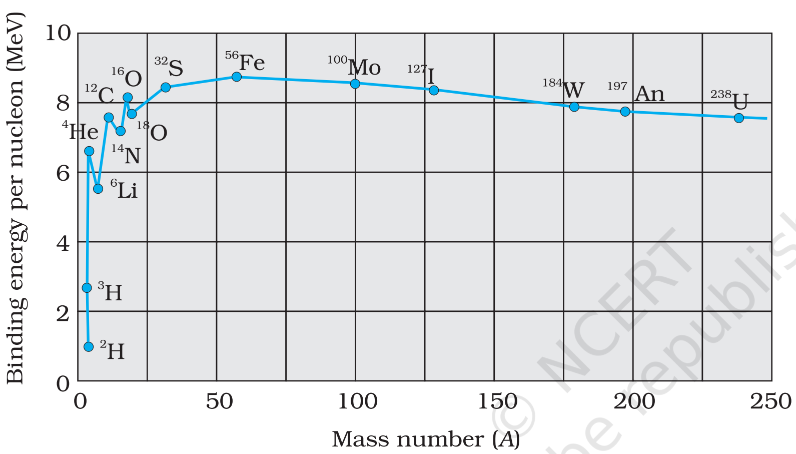

FIGURE 13.1 The binding energy per nucleon as a function of mass number.

Figure 13.1 is a plot of the binding energy per nucleon E_{bn} versus the mass number A for a large number of nuclei. We notice the following main features of the plot:

(i) the binding energy per nucleon, E_{bn}, is practically constant, i.e. practically independent of the atomic number for nuclei of middle mass number (30 < A < 170). The curve has a maximum of about 8.75 MeV for A = 56 and has a value of 7.6 MeV for A = 238.

(ii) E_{bn} is lower for both light nuclei (A<30) and heavy nuclei (A>170).

We can draw some conclusions from these two observations:

(i) The force is attractive and sufficiently strong to produce a binding energy of a few MeV per nucleon.

(ii) The constancy of the binding energy in the range 30 < A < 170 is a consequence of the fact that the nuclear force is short-ranged. Consider a particular nucleon inside a sufficiently large nucleus. It will be under the influence of only some of its neighbours, which come within the range of the nuclear force. If any other nucleon is at a distance more than the range of the nuclear force from the particular nucleon it will have no influence on the binding energy of the nucleon under consideration. If a nucleon can have a maximum of p neighbours within the range of nuclear force, its binding energy would be proportional to p. Let the binding energy of the nucleus be pk, where k is a constant having the dimensions of energy. If we increase A by adding nucleons they will not change the binding energy of a nucleon inside. Since most of the nucleons in a large nucleus reside inside it and not on the surface, the change in binding energy per nucleon would be small. The binding energy per nucleon is a constant and is approximately equal to pk. The property that a given nucleon influences only nucleons close to it is also referred to as saturation property of the nuclear force.

(iii) A very heavy nucleus, say A = 240, has lower binding energy per nucleon compared to that of a nucleus with A = 120. Thus if a nucleus A = 240 breaks into two A = 120 nuclei, nucleons get more tightly bound. This implies energy would be released in the process. It has very important implications for energy production through *fission*, to be discussed later in Section 13.7.1.

(iv) Consider two very light nuclei ($A \leq 10$) joining to form a heavier nucleus. The binding energy per nucleon of the fused heavier nuclei is more than the binding energy per nucleon of the lighter nuclei. This means that the final system is more tightly bound than the initial system. Again energy would be released in such a process of *fusion*. This is the energy source of sun, to be discussed later in Section 13.7.3.

13.5 Nuclear Force

The force that determines the motion of atomic electrons is the familiar Coulomb force. In Section 13.4, we have seen that for average mass nuclei the binding energy per nucleon is approximately 8 MeV, which is much larger than the binding energy in atoms. Therefore, to bind a nucleus together there must be a strong attractive force of a totally different kind. It must be strong enough to overcome the repulsion between the (positively charged) protons and to bind both protons and neutrons into the tiny nuclear volume. We have already seen that the constancy of binding energy per nucleon can be understood in terms of its short-range. Many features of the nuclear binding force are summarised below. These are obtained from a variety of experiments carried out during 1930 to 1950.

(i) The nuclear force is much stronger than the Coulomb force acting between charges or the gravitational forces between masses. The nuclear binding force has to dominate over the Coulomb repulsive force between protons inside the nucleus. This happens only because the nuclear force is much stronger than the coulomb force. The gravitational force is much weaker than even Coulomb force.

(ii) The nuclear force between two nucleons falls rapidly to zero as their distance is more than a few femtometres. This leads to *saturation of forces* in a medium or a large-sized nucleus, which is the reason for the constancy of the binding energy per nucleon.

A rough plot of the potential energy between two nucleons as a function of distance is shown in the Fig. 13.2. The potential energy is a minimum at a distance r_0 of about 0.8 fm. This means that the force is attractive for distances larger than 0.8 fm and repulsive if they are separated by distances less than 0.8 fm.

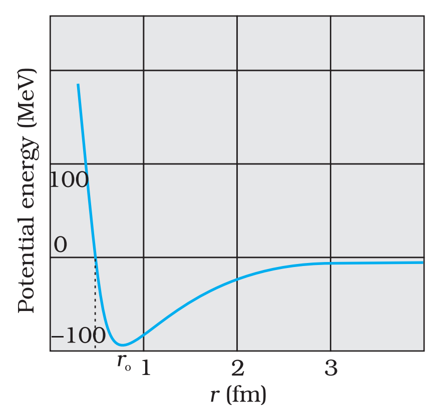

FIGURE 13.2 Potential energy of a pair of nucleons as a function of their separation. For a separation greater than r_0, the force is attractive and for separations less than r_0, the force is strongly repulsive.

(iii) The nuclear force between neutron-neutron, proton-neutron and proton-proton is approximately the same. The nuclear force does not depend on the electric charge.

Unlike Coulomb's law or the Newton's law of gravitation there is no simple mathematical form of the nuclear force.

13.6 Radioactivity

A. H. Becquerel discovered radioactivity in 1896 purely by accident. While studying the fluorescence and phosphorescence of compounds irradiated with visible light, Becquerel observed an interesting phenomenon. After illuminating some pieces of uranium-potassium sulphate with visible light, he wrapped them in black paper and separated the package from a photographic plate by a piece of silver. When, after several hours of exposure, the photographic plate was developed, it showed blackening due to something that must have been emitted by the compound and was able to penetrate both black paper and the silver.

Experiments performed subsequently showed that radioactivity was a nuclear phenomenon in which an unstable nucleus undergoes a decay. This is referred to as *radioactive decay*. Three types of radioactive decay occur in nature :

(i) α-decay in which a helium nucleus ${}_{2}^{4}\text{He}$ is emitted;

(ii) β-decay in which electrons or positrons (particles with the same mass as electrons, but with a charge exactly opposite to that of electron) are emitted;

(iii) γ-decay in which high energy (hundreds of keV or more) photons are emitted.

Each of these decay will be considered in subsequent sub-sections.

13.6.1 Law of radioactive decay

In any radioactive sample, which undergoes α, β or γ-decay, it is found that the number of nuclei undergoing the decay per unit time is proportional to the total number of nuclei in the sample. If N is the number of nuclei in the sample and ΔN undergo decay in time Δt then

$$\frac{\Delta N}{\Delta t} \propto N$$

or, $\Delta N/\Delta t = \lambda N$, (13.10)

where λ is called the radioactive *decay constant* or *disintegration constant*.

The change in the number of nuclei in the sample* is dN = – ΔN in time Δt. Thus the rate of change of N is (in the limit $\Delta t \to 0$)

$$\frac{\mathrm{d}N}{\mathrm{d}t} = -\lambda N$$

* ΔN is the number of nuclei that decay, and hence is always positive. dN is the change in N, which may have either sign. Here it is negative, because out of original N nuclei, ΔN have decayed, leaving (N–ΔN) nuclei.